

One Drop of Kindness

School Drop of Kindness Club

1. Start a drops of Kindness club at your school.

- Choose an advisor to facilitate the club, preferably a teacher or principal
- This should be a student lead, advisor inspired club
- Make sure there is student voice and choice
- Schedule a meeting at least twice per month
- Have the children pick their 10 monthly drops of kindness
- Make a large bulletin board with Gus, Truly, and the heart water ripple
Give the children a drop for each kindness act and post them on the bulletin board.

2. Favorite Drop of Kindness Activities

- Make Kindness rocks and leave them around school for people to find
- Surprise teachers with a delicious treat
- Volunteer to do a chore in the classroom or around school
- Thank the office staff with handmade cards, they are often forgotten
- Make positive signs to hang around school
- Take on a school beautification project
- Find ways to spread drops of kindness around the school
- Leave thank you notes in the classrooms for the custodians
- Write a note to the principal about your teacher and they can share with the teacher
- Thank your parent organization or foundation with artwork showing how their efforts helped your school.
- Bring kindness to the playground, hand out drops of kindness, include someone who isn't being included, be kind
- Start a Kindness Club Blog, Instagram or Twitter account and share with the world!
- Ask students which type of kindness acts they would appreciate

Is all it takes to fill a heart with love!